# Trinity Adult Ministries September 2025 - December 2025

Showing all adults the amazing love of God and empowering them to search for truth, strive for justice, and live out God's purpose for their life.

ADULT FAITH FORMATION | Sundays 11:30am-12:30pm & Throughout the Week Classes vary over the course of the year. Check the website for more information.

# EXPLORING THE ENNEAGRAM: UNDERSTANDING YOURSELF & OTHERS BETTER

Sundays September 14 – October 19 from 11:30am-12:30pm

Beyond just a personality test, the enneagram is an invitation to self-awareness and personal growth. Join us as we seek to understand our core motivations and recognize patterns of thoughts & behavior. Come away approaching your relationships with self and others with increased compassion, curiosity, and kindness. No materials or advanced preparations required.

#### THE DEEP END: DIVING INTO THE GOSPELS

Sundays October 26 - November 16 from 11:30am-12:30pm

Join Pastor Mike as we dive into the Gospels, exploring their origins, historical settings, and the unique voices of each writer. Together, we'll uncover how these stories of Jesus still speak powerfully to our lives today, making deeper biblical exploration accessible and engaging for everyone.

### KEEP WATCH WITH ME: AN ADVENT READER FOR PEACEMAKERS

Sundays November 30 – December 21 from 11:30am-12:30pm

Our conversations will highlight stories, reflections, prayers, and spiritual practices that sustain and challenge the faith of those who work for justice and peace, and long for the coming of God with us. Daily devo books coming soon!

#### FRIENDS OF ROHR AT TRINITY (FORT)

Sundays from 5:00pm-6:30pm (DBC) and Thursdays from 6:15pm-7:30pm (Everything Belongs) Join folks who enjoy studying Father Richard Rohr's writings! Two different groups gather each week to discuss our readings and be in fellowship together. We find we are "growing Deeper, loving Better, seeing God more Clearly (DBC)."

## OTHER OPPORTUNITIES ABOUND!

Come out Thursday nights for TNT or for other fellowship opportunities including God's Naturehood meet-ups, United Women in Faith, Popcorn Party Time Game & Movie Nights, Pints with the Pastor, Gophers Exercise Class, and much more.

Trinity United Methodist Church | 1100 Lake Drive SE, 49506 | grtumc.org