



Welcome:

We are so glad to have you with us! We are folks who enjoy gathering weekly for fellowship and discussion of books written by Father Richard Rohr.

Background on Rohr & FoRT:

Richard Rohr is a Franciscan priest who founded the Center for Action and Contemplation (CAC) in 1987 in Albuquerque, New Mexico. The mission of CAC is to introduce Christian contemplative wisdom and practices that support transformation and inspire loving action in the world. His work points us to our intrinsic oneness with God and with each other.

Some of us have followed Rohr and the Center for Action and Contemplation for years while others of us are unfamiliar with anything Rohr. Wherever we start, together we desire to integrate action and contemplation in our lives.

Class Format:

We have two “Friends of Rohr at Trinity” (FoRT) groups and although we study different Rohr books, the model for our gathering is similar. Our Deeper, Better, Clearer (DBC) group currently meets on Sundays from 5:00pm-6:30pm while our Everything Belongs (EvB) group meets on Thursdays from 6:15pm-7:30pm.

So you can enjoy the time with us, here is the model we use each week...

We gather with a welcome from the person facilitating the evening. As we sit in our circle, we begin with our FoRT mantra in unison: “CHRIST is Everywhere and LOVE will make us Whole.”

After our Mantra, we do JUC & Blessings. We each take a turn sharing either a Joy, an Uppdate from something we shared before, a Concern, or a Blessing from the week. Our JUC & Blessings give us a chance to know each a little deeper.

After JUC & Blessings, we begin our discussion of our reading from the book. There is someone who leads our discussion each week but we all actively participate in sharing things we found helpful or confusing in our reading.

To finish our evening, we gather in a circle, holding hands. In our circle we offer 3 Yah-Weh prayers (see explanation in the folder) followed by a short time of quiet (silence). Anyone then moves us into praying for concerns we have. Because the prayers are short and anyone can pray, we call them “popcorn prayers.” After the prayers, the facilitator invites us to share our Mantra in unison as a wrap to our evening.

As we get our things, we all give a hand in getting our meeting room back to order.

Resources & Questions:

Included in this folder are a few pieces that will hopefully assist you in settling into our FoRT experience! We hope you will feel welcome and energized to return for more robust discussion and fun fellowship.

Feel free to be in touch with us or anyone else in the group with questions you might have.

With much gratitude for your presence with us,

The FoRT Leadership Team

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